
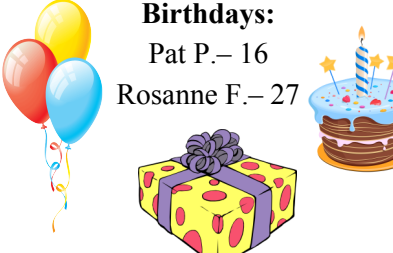






# Arbor Calendar

## July 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>30</b> 8:00 Breakfast 9:30 Mass 10:15 IN2L Exercise 11:30 Lunch 2:00 Snack 2:30 Movie 4:30 Dinner	<b>31</b> 8:00 Breakfast 9:30 Mass 10:30 IN2L Fitness 11:30 Lunch 2:00 Snack 3:00 Manicures 4:30 Dinner		<b>Birthdays:</b> Pat P. – 16 Rosanne F. – 27 	<b>IN2L —"It's Never too Late"</b> <b>(computer program)</b> <b>Bold Items = Special Events</b>  *Check the White Board for daily updates as activities are subject to change*		<b>1</b> 8:00 Breakfast 10:15 IN2L Exercise 11:30 Lunch 1:30 Movie 2:00 Snack 4:00 Mass 4:30 Dinner
<b>2</b> 8:00 Breakfast 9:30 Mass 10:15 IN2L Exercise 11:30 Lunch 2:00 Snack 2:30 Movie 4:30 Dinner	<b>3</b> 8:00 Breakfast 9:30 Mass 10:30 Group Fitness 11:30 Lunch <b>1:30 Music with Mary Franz</b> 2:00 Snack <b>2:30 Music with Marianne</b> 4:30 Dinner	<b>4</b> 8:00 Breakfast 9:30 Mass 10:15 IN2L Exercise 11:30 Lunch 2:00 Snack 2:30 Movie 4:30 Dinner 	<b>5</b> 8:00 Breakfast 9:30 Mass 10:15 Exercise with Paul 11:30 Lunch 1:30 Painting with Sally 2:00 Snack 2:30 Bingo 4:30 Dinner	<b>6</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Lunch 2:00 Snack 2:30 Painting Fireworks 4:30 Dinner	<b>7</b> 8:00 Breakfast 9:30 Mass 10:15 Pastoral Care Visits 11:30 Lunch <b>1:30 Music with Lou Lou</b> 4:30 Dinner	<b>8</b> 8:00 Breakfast 10:15 IN2L Exercise 11:30 Lunch 1:30 Movie 2:00 Snack 4:00 Mass 4:30 Dinner
<b>9</b> 8:00 Breakfast 9:30 Mass 10:15 IN2L Exercise 11:30 Lunch 2:00 Snack 2:30 Movie 4:30 Dinner	<b>10</b> 8:00 Breakfast 9:30 Mass 10:30 Group Fitness 11:30 Lunch 1:30 Snack <b>2:00 Laughter Yoga</b> 3:00 Manicures 4:30 Dinner	<b>11</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Lunch 2:00 Snack 2:30 Songwriting 4:30 Dinner	<b>12</b> 8:00 Breakfast 9:30 Mass 10:15 Exercise with Paul 11:30 Lunch 2:00 Snack 2:30 Bingo 4:30 Dinner	<b>13</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Lunch 2:00 Snack 2:30 Make Heart Pillows 4:30 Dinner	<b>14</b> 8:00 Breakfast 9:30 Mass 10:15 Pastoral Care Visits 11:30 Lunch <b>2:00 July Birthday Party</b> 4:30 Dinner	<b>15</b> 8:00 Breakfast 10:15 IN2L Exercise 11:30 Lunch 1:30 Movie 2:00 Snack 4:00 Mass 4:30 Dinner
<b>16</b> 8:00 Breakfast 9:30 Mass 10:15 IN2L Exercise 11:30 Lunch 2:00 Snack 2:30 Movie 4:30 Dinner	<b>17</b> 8:00 Breakfast 9:30 Mass 10:30 Group Fitness 11:30 Lunch 2:00 Snack with Sonja 3:00 Manicures 4:30 Dinner	<b>18</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Lunch 2:00 Snack 2:30 Balloon Ball 4:30 Dinner	<b>19</b> 8:00 Breakfast 9:30 Mass 10:15 Exercise with Paul 11:30 Lunch 1:30 Painting with Sally 2:00 Snack 2:30 Bingo 4:30 Dinner	<b>20</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Picnic Lunch on the Patio 2:00 Snack 2:30 Make Sun Catchers 4:30 Dinner	<b>21</b> 8:00 Breakfast 9:30 Mass 10:15 Pastoral Care Visits 11:30 Lunch <b>1:30 Music with Lou Lou</b> 4:30 Dinner	<b>22</b> 8:00 Breakfast 10:15 IN2L Exercise 11:30 Lunch 1:30 Movie 2:00 Snack 4:00 Mass 4:30 Dinner
<b>23</b> 8:00 Breakfast 9:30 Mass 10:15 IN2L Exercise 11:30 Lunch 2:00 Snack 2:30 Movie 4:30 Dinner	<b>24</b> 8:00 Breakfast 9:30 Mass 10:30 IN2L Exercise 11:30 Lunch 2:00 Snack <b>2:30 Music with Marianne</b> 4:30 Dinner	<b>25</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Lunch 2:00 Snack 2:30 Music with Krista 4:30 Dinner	<b>26</b> 8:00 Breakfast 9:30 Mass 10:15 Exercise with Paul 11:30 Lunch 1:30 Painting with Sally 2:00 Snack 2:30 Bingo 4:30 Dinner	<b>27</b> 8:00 Breakfast 9:30 Mass 10:30 Wellness Exercise 11:30 Lunch 1:30 Baking Cinnamon Gingersnap Cookies 4:30 Dinner	<b>28</b> 8:00 Breakfast 9:30 Mass 10:15 Pastoral Care Visits 11:30 Lunch <b>2:00 Social</b> 4:30 Dinner	<b>29</b> 8:00 Breakfast 10:15 IN2L Exercise 11:30 Lunch 1:30 Movie 2:00 Snack 4:00 Mass 4:30 Dinner