

At every moment of our life
we have an opportunity to choose joy.

Henri Nouwen



Presider Schedule, February 5-11

+ Weekday Mass – 9:30am Mon-Fri +

Monday, 2/5 – Fr. Adrian

Tuesday, 2/6 - Fr. Brown

Wednesday, 2/7– Fr. Mahoney

Thursday, 2/8 – Fr. Dandurand

Friday, 2/9 – Fr. Adrian

+ Sunday Mass – 4:00pm Sat; 9:30am Sun +

Saturday, 2/10 – Fr. Brown

Sunday, 2/11 – Fr. Dandurand

Reflection: Joan Mitchell, CSJ

Ash Wednesday

February 14

There will be several opportunities to receive ashes on Ash Wednesday.

- They will be distributed during the 9:30am Mass
- Members of the Pastoral Care Team will be taking them to residents (and staff) in the Care Center, Assisted Living, and Arbor
- Someone will be available to give them to you in the chapel between 3:00 and 3:30pm

Terrace Dining Room

New Menu Taste-Testing

3:00-4:00pm

Tuesday, February 6

Bistro

Carondelet
Village
Celebrates



Brunch Buffet

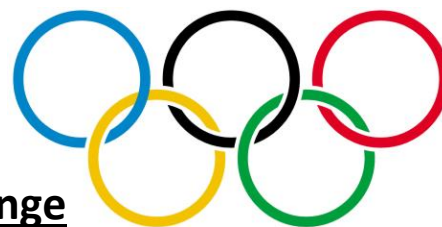
11:30am – 1:00pm

Fat Tuesday, February 13

Terrace Dining Room/Auditorium



Olympic Fitness Challenge



To celebrate the Winter Olympics, our Wellness Team invites you to join in an *Olympic Fitness Challenge* during the weeks of February 12-16 and 19-23. Each participant will receive a tracking sheet with two sets of five rings (one set for each week). The goal is to participate in the activities for 30 minutes each to fill in rings. *Fitness Challenge* activities will be held in the fitness studio 1:30-2:00pm Monday – Friday each week. Participants completing the two week *Challenge* and filling in all ten rings will have their names entered in a drawing for a Carondelet Village Gift Card.

Activities: “Ice” Skating, Bobsledding, Broomball, Goblet-to-Goblet, Suck It Up!, Balloon Pong, Shake It Up!, Fruit Friends, Team USA Relays (to be held in the Auditorium), Curling, and Ski Jump.

Get fit and have fun!

Some of this Week’s Events

Classic Movie

6:30pm, Monday, February 5
Auditorium

New Menu Taste Testing

3:00-4:00pm, Tuesday, February 6
Bistro

Sit, Sip & Sing

7:00pm, Tuesday, February 6
Bistro

Presentation

2:00pm, Friday, February 9
Auditorium

“A Collection of Haiku”

Sr. Helena Sheridan’s Book Signing

1:30pm, Saturday, February 10
Auditorium

Movie of the Week

A Quiet Passion

1:30pm, Thursday, Saturday, and Sunday
Theatre



February 6 - Mary Claire Doyle
February 8 – Sr. St. Luke Copeland
February 10 – Sr. Susan Smith



Our Winter Wonderland!

Photo taken by Casey Stuart, from the rooftop.