



PINE ARBOR
ASSISTED LIVING MEMORY CARE

The Arbor memory care provides a vibrant neighborhood setting where dedicated staff serve the unique needs of each individual with warmth and compassion. Stimulating activities and personalized care assure families their loved one has the opportunity to live life to the fullest.

We believe that caring for the needs of those with dementia grants us an extraordinary opportunity for ministry. Our DOVE™ program is the culmination of many years of thoughtful consultation with staff, families, and leaders in the field of dementia research. DOVE™—Dementia Orientation Values Education—is a three-part approach to care that allows your loved one to receive the affirmation and reassurance they need.

Our dove lapel pin designates staff that have completed special training. The dove, a symbol of the Holy Spirit, symbolizes how each person is fully remembered by Him. Even with loss of memory, the spirit remains intact.

The DOVE™ Program

We begin by assessing individual needs and creating a plan of care, and continue by supporting resident life-skills as well as involving and providing guidance to families. Encouraging independence and providing a sense of purpose, enjoyment, and success are our guiding principles.

Activities and specialized programming in three main areas are essential: life-skills, life-enrichment, and self-care.

- ~ Life-skill activities help recall the person's various roles in life. Some examples include setting tables, doing office work, and sharing hobbies.
- ~ Recreational and life-enriching activities provide an ongoing opportunity to engage in social gatherings or enjoy leisure activities. A wide range of activities may be offered such as quiet time, exercise, cognitive stimulation from current events and life review, baking, reading, playing a game, or spiritual reading and prayer.
- ~ Participation in self-care activities gives each individual a sense of independence and pride and enhances self-esteem. Bathing, dressing and grooming are examples of cares in which each resident is encouraged to assist to their fullest ability.

The Arbor strives to ensure the comfort and convenience of residents and their families. From our inclusive amenities to comprehensive care options, families gain peace of mind knowing their loved one has support with all the comforts of home.

Included Amenities

- ~ Three daily meals and snacks
- ~ Weekly light housekeeping and linen change
- ~ Urgent call system
- ~ 24 hour on-site Resident Assistant staffing
- ~ Residential setting with controlled entrance
- ~ Utilities (heat, electric, central air conditioning, water, sewer and trash)
- ~ Telephone service
- ~ Basic cable television service
- ~ Open public Wi-Fi
- ~ Basic internet service support
- ~ The DOVE™ program
- ~ Pastoral care
- ~ Wings® wellness intellectually stimulating programs, spiritual care services, group fitness classes, fitness center with pool, volunteer opportunities
- ~ Priority access to other Presbyterian Homes & Services living and care options based on availability
- ~ Smoke-free community
- ~ Access to Carondelet Circle amenities

Other Conveniences (ADDITIONAL FEES MAY APPLY)

- ~ Pharmacy delivery
- ~ Coordination of specialized nursing and therapy visits (physical, speech and occupational)
- ~ Special diets
- ~ Consulting Registered Dietician
- ~ Diabetic program
- ~ Assistance with arranging transportation to medical and social service appointments
- ~ Assistance with accessing community resources and social services
- ~ Access to designated Physician or Nurse Practitioner for on-site/telehealth services
- ~ Additional home care and hospice services available through Optage®
- ~ Additional housekeeping
- ~ Additional loads of laundry
- ~ Guest dining
- ~ Guest suites
- ~ Second occupant, \$700 plus personal care

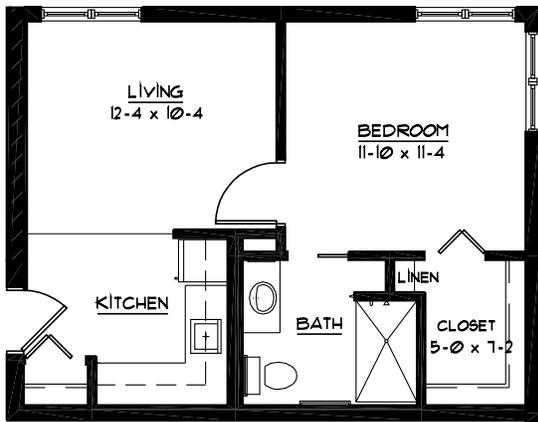
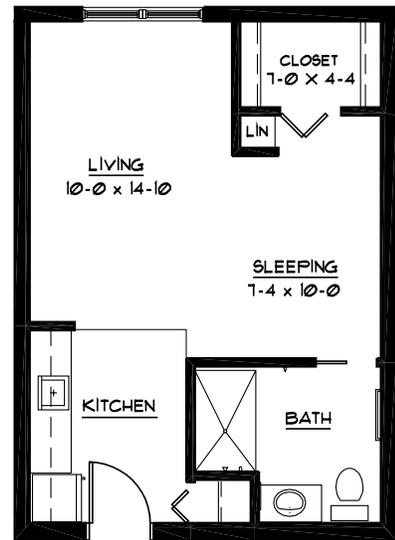
PINE ARBOR
651-695-5000

Carondelet
VILLAGE

SAMPLE FLOOR PLANS

BLUE STEM

Studio
470 Sq Ft

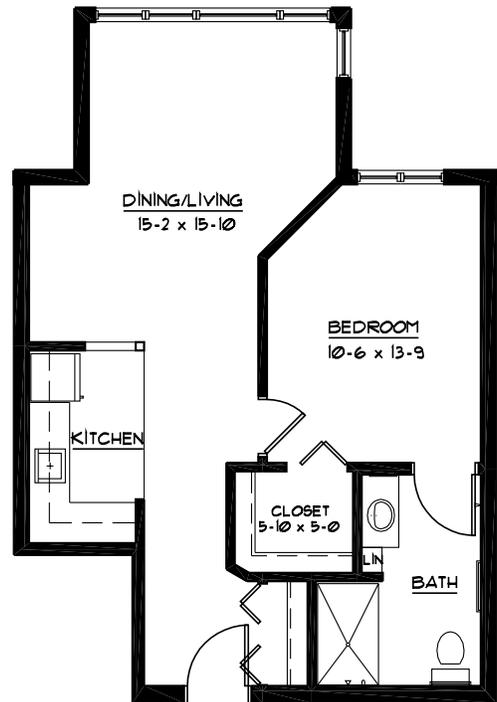


MILKWEED

One Bedroom
520 Sq Ft

SWEETGRASS

One Bedroom
660 Sq Ft



Apartment Selection

APARTMENT	SQUARE FEET	APARTMENT FEE
Studio	460 – 480	\$3,995
One Bedroom	500 – 660	\$4,170 – \$4,480

Personal Care Fee

In addition to the monthly rental fee, a monthly assisted living services fee is required based on the amount of care provided. A nurse will meet with you to complete an initial assessment and make a recommendation of services that could be provided to meet your needs. The services provided will correspond to one of three package levels. These are summarized below with examples of services offered at each level. You can view the full assessment by visiting PresHomes.org/AMetro or scanning the QR code.



Included in Your Assisted Living Service Fees:

- ~ Laundry (up to 3 loads per week)
- ~ Escort to meals and activities
- ~ Assistance with ted hose, ace wraps or Velcro leg wraps
- ~ Daily reassurance check
- ~ Initial and ongoing nursing assessment
- ~ Scheduled nursing hours and on-call nursing available for staff consultation
- ~ Nurse liaison with health care professionals
- ~ Nurse scheduling of lab draws
- ~ Nurse maintaining clinical record information

Personal Care Level I: \$2,700/MONTH

- ~ Prompts and reminders for grooming (no physical assistance)
- ~ Bathroom assistance (1–3 times daily)
- ~ Shower assistance (1–3 times weekly)
- ~ Minimal behavior redirection
- ~ Dining assistance for snacks, beverages, and light breakfast meals
- ~ Simple medication management (1–14 meds), providing set-up and administration (1–4 times daily); does not include injections

Personal Care Level II: \$3,680/MONTH

- ~ Simple or standard dressing and grooming assistance (no transfer assistance)
- ~ Standard bathroom assistance (4–5 times daily)
- ~ Shower assistance (4–5 times weekly)
- ~ Dining assistance with plate set up and preparation to eat
- ~ Medication management (15+ meds) and administration (5–6 times daily); includes blood sugar monitoring but not including injections
- ~ Oxygen management
- ~ Moderate behavior redirection
- ~ 1-person transfers

Personal Care Level III: \$4,660/MONTH

- ~ Extensive dressing and grooming assistance (including transfer assistance)
- ~ Extensive bathroom assistance (6+ times daily)
- ~ Shower assistance (6+ times weekly)
- ~ Dining assistance including plate set up and observation, cueing to eat and feeding
- ~ Medication management and administration (7+ times daily); includes blood sugar monitoring, insulin injections, and sliding scale management
- ~ Oxygen management
- ~ Complex or frequent behavior redirection
- ~ Mechanical lift transfers

Total Monthly Fees

Apartment Selection	\$ _____
Personal Care (REQUIRED)	\$ _____
ESTIMATED TOTAL	\$ _____

PERSONAL CARE RATES EFFECTIVE APRIL 2022.
 PRICING SUBJECT TO CHANGE. OTHER CHARGES MAY APPLY.
 RESIDENCY AGREEMENT AVAILABLE UPON REQUEST.
 THE ESTIMATE IS OFFERED FOR PLANNING PURPOSES ONLY.

Building on the experience and integrity of its founders, Carondelet Village brings you the finest senior living community in the heart of St. Paul's Highland Park.

Living Options

- ~ Senior apartments
- ~ Assisted living apartments
- ~ Assisted living memory care residence
- ~ Care center

At Carondelet Village, your home encompasses more than your individual residence and extends well beyond your front door.

Carondelet Circle Highlights

- ~ Wellness center
- ~ Pool
- ~ Rooftop and working gardens
- ~ Conservatory
- ~ Chapel
- ~ Reflection room
- ~ Beauty salon/barber shop
- ~ Restaurant-style dining
- ~ Bistro
- ~ Art, music, ceramics and handcraft studios
- ~ Woodland and prairie walking areas
- ~ Library
- ~ Technology studio with computers
- ~ Lounges
- ~ Auditorium
- ~ Theater
- ~ Market and gift shop
- ~ Medical and dental clinics
- ~ Rehabilitative therapy center
- ~ Massage suite
- ~ Conveniently located near shopping, parks, entertainment and bus line



525 FAIRVIEW AVENUE SOUTH
ST. PAUL, MN 55116

651-695-5000

CarondeletVillage.org

Equal housing opportunity.
All faiths welcome.

Due to COVID-19 or other future circumstance, some features may be temporarily unavailable or offered in a different way. We anticipate features will become available in original form once it is prudent to do so.

Presbyterian Homes & Services (PHS) communities comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

PresHomes.org

Español (Spanish): Llame al 1-844-558-6125

Hmoob (Hmong): Hu rau 1-844-558-6125

Tagalog (Tagalog – Filipino): Tumawag sa 1-844-558-6125

4/22 A small icon of a person in a wheelchair, indicating accessibility.

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A shared ministry of the Sisters of St. Joseph
of Carondelet – St. Paul Province and
Presbyterian Homes & Services.