








Oak Gables

November

2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Programs with NBH, CY, or MDR listed after the title are happening in person; other programs can be watched on channel 990. An asterisk (*) indicates viewing on channel 992.</p>	<p>Chrysanthemum & Topaz</p> 	<p>1 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Warm Rolls Social NBH1 11:00 Balance Class 1:30 Scripture Reflection NBH1 3:15 Ella Tickles the Ivories NBH3</p>	<p>2 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 11:00 Balance Class 1:30 Dia de los Muertos NBH3 4:00 All Souls' Day Memorial Service CH</p>	<p>3 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Classical Piano NBH3 11:00 Balance Class 1:30 Visits with Pepper 2:15 Book Club NBH2 3:30 Riddle Me This NBH1</p>	<p>4 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Java Music & Chat Club NBH1 11:00 Balance Class 1:30 Movie in NBH2 "Respect" 3:30 Fun with Mary-Genevieve</p>	
<p>6 9:30 Mass 2:00 Bingo with John NBH2</p> 	<p>7 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Joni Mitchell's Hits NBH3 11:00 Balance Class 1:30 Crossword Puzzle NBH2 3:30 Chat Circle NBH1</p>	<p>8 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Warm Rolls Social NBH2 11:00 Balance Class 1:30 Scripture Reflection NBH1 3:15 Full Moon Day NBH3</p>	<p>9 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Hedy Lamarr Slide Show NBH1 11:00 Balance Class 1:30 Painting with Sally NBH2 3:30 Dominos Game NBH3</p>	<p>10 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 In the News NBH1 11:00 Balance Class 1:00 Book Club NBH2 2:00 Joey Clark Performs! NBH3</p>	<p>11 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Java Music & Chat Club NBH2 1:30 Veterans Day Celebration NBH1 3:30 Fun with Mary-Genevieve</p>	
<p>13 9:30 Mass 2:00 Bingo with John NBH2</p> 	<p>14 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Geography Bee NBH2 11:00 Balance Class 1:30 Making Refrigerator Pickles NBH1 3:30 Pickle Day! NBH1</p>	<p>15 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Warm Rolls Social NBH3 11:00 Balance Class 1:30 Scripture Reflection NBH1 3:30 Ella Tickles the Ivories NBH3</p>	<p>16 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 11:00 Balance Class 1:30 Dutch Heritage Day NBH2 3:00 November Birthdays Party MDR - Barbara Lee Sings</p>	<p>17 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 World Peace Day NBH3 11:00 Balance Class 1:30 Visits with Pepper 2:15 Book Club NBH2</p>	<p>18 9:30 Mass 10:05 Wellness Exercise MDR 10:00 Movie in NBH1 "The Last of the Mohicans" 1:30 Java Music & Chat Club NBH3 3:30 Fun with Mary-Genevieve</p>	
<p>20 9:30 Mass 2:00 Bingo with John NBH2</p> 	<p>21 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Where Have You Been? Travel Stories NBH3 1:30 Ritzy Cookies NBH2 3:30 Memorabilia Monday NBH1</p>	<p>22 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Warm Rolls Social NBH1 11:00 Balance Class 1:30 Scripture Reflection NBH1 3:30 Ella Tickles the Ivories NBH3</p>	<p>23 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Crossword Puzzle NBH1 11:00 Balance Class 1:30 Painting with Sally NBH2 3:30 Show Tunes NBH3</p>	<p>24 9:30 Mass</p> 	<p>25 <i>Bee out</i> 9:30 Mass 10:05 Wellness Exercise MDR 1:30 Movie in NBH2 "An Old Fashioned Thanksgiving" 3:30 Fun with Mary-Genevieve</p>	
<p>27 9:30 Mass 2:00 Bingo with John NBH2</p> 	<p>28 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 60 Uses for Baking Soda NBH3 11:00 Balance Class 1:30 Fave Folk Tunes NBH1 3:30 Jeopardy Trivia NBH2</p>	<p>29 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Warm Rolls Social NBH2 11:00 Balance Class 1:30 Scripture Reflection NBH1 3:30 Ella Tickles the Ivories NBH3</p>	<p>30 8:30 Yoga Video * 9:30 Mass 10:05 Wellness Exercise MDR 10:30 Feast of St. Andrew NBH1 11:00 Balance Class 1:30 Hymn Sing with Kathy NBH2 3:30 Cookbook Day NBH3</p>	<p>KEY NBH1 - Common Area of NBH1 NBH2 - Common Area of NBH2 NBH3 - Common Area of NBH3 MDR - Main Dining Room CY - Courtyard</p> <p>Calendar and activities are subject to change.</p>		<p>Contact Bee (Life Enrichment Coordinator) with questions or requests at *5107</p> 