











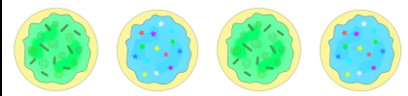




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1 7:30 Breakfast 9:30 Mass Ch. 990 11:30 Lunch 1:30 Snack Time 4:30 Dinner 	Ancestry Day 2 9:30 Mass Ch. 990 11:30 Lunch 2:00 Snack Time 4:30 Dinner 	Festival of Sleep Day 3 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Snack Time 3:00 Scripture Reflection 4:30 Dinner	National Spaghetti Day 4 9:30 Mass Ch. 990 10:15 Movie 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Music Trivia 4:30 Dinner 	National Bird Day 5 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Tasty Treats – Hot Cocoa Dip 4:30 Dinner	Epiphany 6 9:30 Mass Ch. 990 10:15 Armchair Travels 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Java Time and Music 4:30 Dinner	National Bobblehead Day 7 7:30 Breakfast 11:30 Lunch 1:30 Snack Time 4:30 Dinner 
Bubble Bath Day 8 7:30 Breakfast 9:30 Mass Ch. 990 11:30 Lunch 1:30 Snack Time 2:00 Variety with Diane 4:30 Dinner 	National Apricot Day 9 9:30 Mass Ch. 990 10:15 Hymn Sing 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Rosary 4:30 Dinner 	Peculiar People Day 10 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Snack Time 3:00 Scripture Reflection 4:30 Dinner	National Milk Day 11 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:45 Painting with Sally 4:30 Dinner	National Hot Tea Day 12 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Tea Party 4:30 Dinner 	National Sticker Day 13 9:30 Mass Ch. 990 10:15 Armchair Travels 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Sing Along 4:30 Dinner	International Kite Day 14 7:30 Breakfast 11:30 Lunch 1:30 Snack Time 4:30 Dinner 
National Bagel Day 15 7:30 Breakfast 9:30 Mass Ch. 990 11:30 Lunch 1:30 Snack Time 4:30 Dinner 	Martin Luther King Day 16 9:30 Mass Ch. 990 10:15 Hymn Sing 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Rosary 4:30 Dinner 	Benjamin Franklin Day 17 9:30 Mass Ch. 990 10:15 Movie 11:30 Lunch 1:15 Fitness 2:00 Snack Time 3:00 Scripture Reflection 4:30 Dinner	Gourmet Coffee Day 18 9:30 Mass Ch. 990 10:15 Movie 11:30 Lunch 1:15 Fitness 2:00 Snack Time 3:00 Hymn Sing with Kathy 4:30 Dinner 	National Popcorn Day 19 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Piano Social with Lou Lou 4:30 Dinner 	National Penguin Day 20 9:30 Mass Ch. 990 10:15 Armchair Travels 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Java Time and Music 4:30 Dinner	Hug Your Puppy Day 21 7:30 Breakfast 11:30 Lunch 1:30 Snack Time 4:30 Dinner 
Chinese New Year 22 7:30 Breakfast 9:30 Mass Ch. 990 11:30 Lunch 1:30 Snack Time 2:00 Variety with Diane 4:30 Dinner 	National Pie Day 23 9:30 Mass Ch. 990 10:15 Hymn Sing 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Rosary 4:30 Dinner 	Peanut Butter Day 24 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Snack Time 3:00 Scripture Reflection 4:30 Dinner	National Florida Day 25 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:45 Painting with Sally 4:30 Dinner	Australia Day 26 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Cookie Decorating 4:30 Dinner 	Chocolate Cake Day 27 9:30 Mass Ch. 990 10:15 Armchair Travels 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Sing Along 4:30 Dinner	National Kazoo Day 28 7:30 Breakfast 11:30 Lunch 1:30 Snack Time 4:30 Dinner 
National Puzzle Day 29 7:30 Breakfast 9:30 Mass Ch. 990 11:30 Lunch 1:30 Snack Time 4:30 Dinner 	National Croissant Day 30 9:30 Mass Ch. 990 10:15 Hymn Sing 11:30 Lunch 1:15 Fitness 2:00 Snack Time 2:30 Rosary 4:30 Dinner 	Hot Chocolate Day 31 9:30 Mass Ch. 990 10:15 News & Trivia 11:30 Lunch 1:15 Fitness 2:00 Snack Time 3:00 Scripture Reflection 4:30 Dinner	 <h1 style="font-family: cursive;">January 2023</h1> <h2>Carondelet Village – Arbor Calendar</h2>			

Calendar subject to change, please refer to white board for latest updates and changes.