











# Oak Gables



# March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>KEY</b>  <b>NBH1 - Common Area of NBH1</b>  <b>NBH2 - Common Area of NBH2</b>  <b>NBH3 - Common Area of NBH3</b>  <b>MDR - Main Dining Room</b>  <b>Auditorium (All House Event)</b></p> <p>Calendar and activities are subject to change.</p>	<p>Contact Bee (Life Enrichment Coordinator) with questions or requests at *5107</p> 	<p><b>Daffodil &amp; Aquamarine</b></p> 	<p><b>1</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            11:00 Balance Class            1:30 March IQ NBH1            3:30 World Compliment Day NBH3</p>	<p><b>2</b>            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Happy Birthday, Dr. Seuss! NBH3            11:00 Balance Class            1:30 Remembering the Sound of Music NBH1            3:30 Book Club NBH2</p>	<p><b>3</b>            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Java Music &amp; Chat Club NBH3            11:00 Balance Class            1:30 Movie in NBH2 "Of Gods and Men"            4:00 Fun with Mary-Genevieve</p>	<p><b>4</b></p> 
<p><b>5</b>            9:30 Mass            2:00 Bingo with John NBH2</p> 	<p><b>6</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Drifters Songs NBH            11:00 Balance Class            1:30 Crossword Puzzle NBH2            3:30 Celebrate Your Name! NBH</p>	<p><b>7</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Warm Rolls Social NBH3            11:00 Balance Class            1:30 Speaking of Spirit NBH2            3:15 Ella Tickles the Ivories NBH3</p>	<p><b>8</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 International Women's Day            11:00 Balance Class            1:30 Painting with Sally NBH2            3:00 March Birthdays Party MDR - Tara</p>	<p><b>9</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Aphorisms for Thought NBH            11:00 Balance Class            1:30 Book Club NBH2            3:30 Sing Along</p>	<p><b>10</b>            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Java Music &amp; Chat Club NBH1            11:00 Balance Class            1:30 Movie in NBH2 "Ticket to Paradise"            4:00 Fun with Mary-Genevieve</p>	<p><b>11</b></p> 
<p><b>12</b>            9:30 Mass            2:00 Bingo with John NBH2</p> 	<p><b>13</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Celtic Knot Craft NBH            11:00 Balance Class            1:30 Good Samaritan Involvement Day NBH            3:30 Fave Irish Tunes NBH</p>	<p><b>14</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Warm Rolls Social NBH1            11:00 Balance Class            1:30 Scripture Reflection NBH1            3:15 Ella Tickles the Ivories NBH3</p>	<p><b>15</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            11:00 Balance Class            1:30 La Fallas de Valencia NBH1            3:00 Lucky Happy Hour NBH2            3:00 Story Time</p>	<p><b>16</b>            9:30 Mass            10:05 Wellness Exercise MDR            10:30 TEDTalk: How Language Shapes the Way We Think NBH1            1:30 Book Club NBH2            3:30 Joey Clark Performs NBH3            6:30 Rince na Chroi Performs</p>	<p><b>17</b>            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Java Club NBH2            1:30 Movie in NBH2 "Banshees of Inisherin"            2:00 Lake Effect Music            3:30 Grasshoppers in the Bistro!            4:00 Fun with Mary-Genevieve</p>	<p><b>18</b></p> 
<p><b>19</b>            9:30 Feast of St. Joseph Mass            2:00 Bingo with John NBH2</p> 	<p><b>20</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Folktales &amp; Fables            11:00 Balance Class            1:30 Movie in NBH2 "Miss Potter"            3:30 Spring Equinox</p>	<p><b>21</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Warm Rolls Social NBH2            11:00 Balance Class            1:30 Scripture Reflection NBH1            3:15 Ella Tickles the Ivories NBH3</p>	<p><b>22</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Crossword Puzzle NBH3            11:00 Balance Class            1:30 Painting with Sally NBH2            3:30 Sharing Our Stories NBH1</p>	<p><b>23</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 National Puppy Day NBH1            11:00 Balance Class            1:30 Book Club NBH2            3:30 Sing Along</p>	<p><b>24</b>            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Java Music &amp; Chat Club NBH3            11:00 Balance Class            1:30 Movie in NBH2 "Out of Africa"            4:00 Fun with Mary-Genevieve</p>	<p><b>25</b></p> 
<p><b>26</b>            9:30 Mass            2:00 Bingo with ...?</p> 	<p><b>27</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Fun February Facts NBH1            11:00 Balance Class            1:30 Movie in NBH2 "Singing in the Rain"            3:30 Sing Along</p>	<p><b>28</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Warm Rolls Social NBH3            11:00 Balance Class            1:30 Scripture Reflection NBH1            3:15 Ella Tickles the Ivories NBH3</p>	<p><b>29</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Songs for Spring NBH            11:00 Balance Class            1:30 Baking Martha's Cookies NBH2            3:30 Spanish Lesson NBH</p>	<p><b>30</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Baseball Opens NBH            11:00 Balance Class            1:30 Book Club NBH2            3:30 Bobby &amp; Christine Perform MDR</p>	<p><b>31</b>            8:30 Yoga Video *            9:30 Mass            10:05 Wellness Exercise MDR            10:30 Java Music &amp; Chat Club NBH1            11:00 Balance Class            1:30 Movie in NBH2 "Dune"            4:00 Fun with Mary-Genevieve</p>	<p>Programs with NBH, CY, or MDR listed after the title are happening in person; other programs can be watched on channel 990. An asterisk (*) indicates viewing on channel 992.</p>