











Oak Gables



2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Larkspur & Ruby</p> 	<p>1 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Music with Lucas NBH 1:30 July IQ NBH 2:45 Take Care Exercise NBH2</p>	<p>2 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Book Club NBH2 1:30 Crossword Puzzle NBH1 2:45 Take Care Exercise NBH2 3:15 Fun with Karen NBH3</p>	<p>3 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Call the Midwife 4:3 NBH1 1:30 2:45 Take Care Exercise NBH2 3:15 Reflections on Refuge</p>	<p>4 <i>Bee here</i> 2:45 Take Care Exercise NBH2</p> 	<p>5 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Java Music & Chat NBH3 1:00 Movie in NBH2 "Apollo 13" 2:45 Take Care Exercise NBH2</p>	<p>6 1:30 Movie "Apollo 13" TH</p> 
<p>7 9:30 Mass CH 2:00 Bingo with Jane NBH2</p> 	<p>8 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Music with Lucas NBH3 1:30 Making Popsicles 2:45 Take Care Exercise NBH2 3:15 Girl Scouts NBH</p>	<p>9 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 1:30 Crossword Puzzle NBH2 2:45 Take Care Exercise NBH2 3:15 Fun with Karen NBH3</p>	<p>10 <i>Bee out</i> 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Call the Midwife 4:4 NBH1 1:30 Painting with Sally NBH2 2:45 Take Care Exercise NBH2 3:15 July Birthdays Party with Tara Brueske MDR</p>	<p>11 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 1:30 Pet Photo Day NBH1 2:45 Take Care Exercise NBH2 3:15</p>	<p>12 <i>Bee out</i> 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Java Music & Chat NBH1 1:00 Movie in NBH2 "On the Basis of Sex" 2:45 Take Care Exercise NBH2</p>	<p>13 1:30 Movie "On the Basis of Sex" TH</p> 
<p>14 9:30 Mass CH 2:00 Bingo with Dolores NBH2</p> 	<p>15 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Music with Lucas NBH1 2:45 Take Care Exercise NBH2 3:15 Our Planet (1:4) NBH3</p>	<p>16 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 1:30 Crossword Puzzle NBH3 2:45 Take Care Exercise NBH2 3:15 Fun with Karen NBH1</p>	<p>17 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Call the Midwife 4:5 NBH1 1:30 Painting with Sally NBH2</p>	<p>18 <i>Bee out</i> 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 2:30 TEDTalk: NBH1</p>	<p>19 <i>Bee out</i> 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Java Music & Chat NBH2 1:00 Movie in NBH2 "Inside Out" 2:45 Take Care Exercise NBH2</p>	<p>20 1:30 Movie "Inside Out" TH</p> 
<p>21 9:30 Mass CH 2:00 Bingo with Jane NBH2</p> 	<p>22 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Music with Lucas NBH2 1:30 Spoonerisms 2:45 Take Care Exercise NBH2 3:15 Joey Clark Performs NBH3</p>	<p>23 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Book Club NBH2 1:30 Outdoor Strolls CY 2:45 Take Care Exercise NBH2 3:15 Fun with Karen NBH1</p>	<p>24 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Call the Midwife 4:6 NBH1 1:30 Painting with Sally NBH2 2:45 Take Care Exercise NBH2 3:15 June Happy Hour NBH2 (ants on a log)</p>	<p>25 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Warm Sweet Rolls NBH1 1:00 Early Voting NBH2 2:45 Take Care Exercise NBH2 3:15 Speaking of Spirit NBH2</p>	<p>26 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Java Music & Chat NBH3 1:00 Movie in NBH2 "Green Book" 2:45 Take Care Exercise NBH2</p>	<p>27 1:30 Movie "Green Book" TH</p> 
<p>28 9:30 Mass CH 2:00 Bingo with Jane NBH2</p> 	<p>29 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Music with Lucas NBH3 1:30 Ken Burns 2:45 Take Care Exercise NBH2 3:15 Self-Care Day NBH3</p>	<p>30 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:30 Book Club NBH2 1:30 Friendship Day 2:45 Take Care Exercise NBH2 3:15 Fun with Karen NBH3</p>	<p>31 8:30 Yoga Video * 9:30 Mass CH 10:00 Chair Mix FIT 10:15 Call the Midwife 4:7 NBH1 1:30 Painting with Sally NBH2 2:45 Take Care Exercise NBH2 3:15 1970s Hits NBH</p>	<p>KEY NBH1, NBH2, NBH3: common areas of each neighborhood MDR: Main Dining Room CY: Courtyard All House Events: Auditorium, Chapel, Theater, Fitness Center, BISTro</p>	<p>Programs happening in the Chapel can be watched on channel 990. An asterisk (*) indicates viewing on channel 992. Music channels: 401-450. Calendar and activities are subject to change.</p>	<p>Contact Bee (Life Enrichment Coordinator) with questions or requests at *5107</p> 