

Wellzesta Basics

Wellzesta is the electronic communication tool set up at Carondelet in May 2023. It offers communication from Carondelet to residents and from residents to Carondelet. It focuses on resident safety, independence, wellbeing, and sociability. It aims to reduce costs for the Carondelet Staff and improve engagement for all seniors.

Devices

Wellzesta Life can run on most smartphones, tablets, desktops, laptops, Apple, Windows, ChromeBook, or Android devices. Download the "Wellzesta Life" App from the Google Play Store or the Apple App Store. If no App is available for your device use a Browser and connect to: <https://life.wellzesta.com/carondelet-village/home>

Log in using your email and PIN. Contact the Carondelet Front Desk if you are not set up or need help.

Navigation Menu - Top Left

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- **Home:** Content previews and shortcuts to community resources.
- **Messages:** Community announcements and alerts.
- **Events:** Daily calendar, event details, and registration lists.
- **Dining:** Menus and location details.
- **Connect:** Directories and groups for residents, staff, and favorite contacts.
- **Resources:** Documents, service requests, and support materials.
- **Well-being:** Articles, videos, and online resources.
- **My space:** Service request log, wellness goals, and profile options.

Home

- Date and Temp.
- Current "Message" from Carondelet.
- Featured "Event" at Carondelet.
- "Well-Being" message.
- "Trending Articles" - From Carondelet or external source.

Messages

- Carondelet announcements and alerts.
- Tracks your unread messages.

Events

- Daily view of events. Click to see event details or Register for an event.
- Filter by "My Events" to see what you have signed up for or use one of the categories.
- Get a reminder for an event you signed up for.
- Monthly calendar view of events (Only in Browser, not App).

Dining

- Menus - Photo, description, venue, time, and details.
- Venue (Bistro or Terrace Dining) - Hours, phone orders, and location details.

Connect

- Directory - residents, favorites, add your photo, and details so people can easily find and see your information. Click to see detail. When you sign up just your eMail is set. Use the "Edit profile" to add a photo and other details like phone, birthday, history, and more.
- Staff directory.
- Groups Examples: Art Group, Book Club, Men's Group, etc. Can join a group, view residents, and E-mail Group.
- Bulletin Board. Residents can view and create a post.

Resources

- Concierge - Maintenance Request, Volunteer Application, Billings questions, Guest Services, and many more service requests.
- Documents - Meeting Reports (Independent Living Meeting), Handbooks, New Resident Documents, and several other documents.
- App Support - Submit questions and comments to Wellzesta support.

Well-being

- Articles, videos, and online resources from Wellzesta.

My space

- Service Request Log - List of requests you have submitted and their status.
- Progress - Points you have earned towards goals you set by attending events or reading documents.
- Profile - View or edit your personal information like photo, password, and info.

Tips

- Click the voice icon to hear the text displayed on the screen.
- Organizations like Presbyterian Homes utilize Wellzesta to boost resident well-being and staff efficiency to save money.
- Family members can request a Wellzesta Connect invitation to get access to preview events and public info. They do not have access to the directory, registration lists, and messages. Loved ones will receive an email invitation and Easy Sign In link they can use in their browser.
- Manually add your Wellzesta events and residents you communicate with to your private Calendar and Contacts outside of Wellzesta..



Additional Links and Information

Carondelet Tech Help Resources: <https://carondeletvillage.org/tech-help-resources/>
Questions or comments can be sent to: TCKreuzer@gmail.com